

OCTOBER

Fri 31st (4pm) Entry Portal Opens – State Combined Event Championships ONLINE

NOVEMBER

Sat 22nd Eastern Metro Region Relay Carnival Doncaster
Wed 26th Training (Jumps, Throws, Middle Distance) Kooyong Park
Sat 29th CMLAC Saturday Comp (Week 7) Kooyong Park

DECEMBER

Wed 3rd Training (Relays, Jumps) Kooyong Park
Sat 6^h CMLAC Saturday Comp (Week 8) Kooyong Park
Mon 8th (11am) Entry Portal Closes – State Combined Event Championships ONLINE
Mon 8th (4pm) Entry Portal Opens – Region Track & Field Carnivals ONLINE
Wed 10th Training (Relays) Kooyong Park
Wed 10th CMLAC Twilight Comp (Week 9) Kooyong Park
Sat 13th / Sun 14th Commonwealth Bank State Relay Championships Lakeside
Wed 17th Training (Middle Distance) Kooyong Park
Wed 17th CMLAC Twilight Comp (Week 10 Christmas Party) Kooyong Park

JANUARY 2026

Mon 12th (11am) Entry Portal Closes – Region Track & Field Carnivals ONLINE
Wed 14th Training (Sprints, Throws, Race Walking) Kooyong Park
Sat 17th / Sun 18th LAVic State Combined Event Championships Cranbourne
Sat 31st CMLAC Saturday Comp (Week 11) Kooyong Park

FEBRUARY

Mon 2nd (4pm) Entry Portal Opens – LAVic Stawell Gift Events ONLINE
Wed 4th Training (Sprints, Throws, Race Walking) Kooyong Park
Wed 4th CMLAC Twilight Comp (Week 12) Kooyong Park
Sat 7th / Sun 8th Eastern Metro Region Track & Field Carnival Knox
Wed 11th Training (Middle Distance) Kooyong Park
Sat 14th CMLAC Saturday Comp (Week 13) Kooyong Park
Wed 18th Training (Middle Distance) Kooyong Park
Sat 21st CMLAC Saturday Comp (Week 14) Kooyong Park
Wed 25th Training (Sprints) Kooyong Park
Sat 28th CMLAC Saturday Comp (Week 15) Kooyong Park

MARCH

Wed 4th Training (Sprints, Race Walking) Kooyong Park
Wed 4th CMLAC Twilight Comp (Week 16) Kooyong Park
Sat 7th / Sun 8th LAVic State Track & Field Championships Knox
Wed 11th Training (Middle Distance, Throws) Kooyong Park
Sat 14th CMLAC Saturday Comp (Week 17) Kooyong Park
Wed 18th Training (Sprints, Jumps, Throws) Kooyong Park
Sat 21st CMLAC Saturday Comp (Week 18 Club Champs Final Day) Kooyong Park